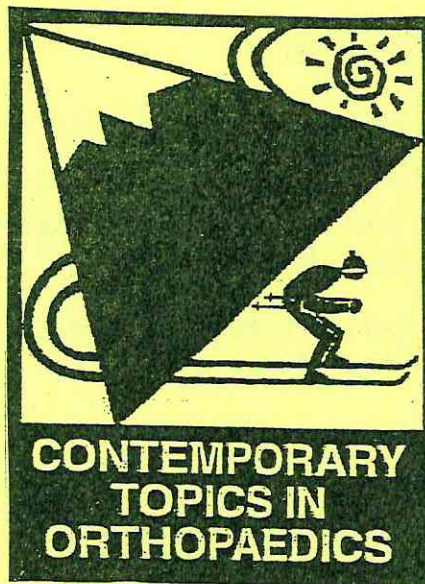


# **“CONTEMPORARY TOPICS IN ORTHOPAEDICS”**

**An Educational Conference Co-sponsored by  
Maine Medical Education Trust and  
St. Joseph's Healthcare**



[www.orthoconference.org](http://www.orthoconference.org)

**Sugarloaf Mountain Hotel  
Sugarloaf/USA**

**March 8-10, 2013**

**23rd Annual Meeting**

**Program Director: Garrett R. Martin, M.D.  
Conference Coordinators: Donna L. Rogers and Janet A. Stevens**

## FACULTY

Sidney Block, M.D.	Bangor, Maine
Jason Bourque, M.D.	St. Joseph Hospital Bangor, Maine
Jacob Brooks, M.D.	Pinnacle Health Hospital System Harrisburg, Pennsylvania
Wendy Craig, Ph.D.	Cumberland, Maine
Ian Dickey M.D.	Eastern Maine Medical Center Bangor, Maine
Ivan Fernandez, Ph.D	University of Maine Orono, Maine
Bruce Hamilton-Dick, M.D.	St. Mary's Regional Medical Center Lewiston, Maine
John Anthony Herring, M.D.	Texas Scottish Rite Hospital for Children Dallas, Texas
W. Andrew Hodge, M.D.	Orthopaedic Surgery of Maine Bangor, Maine
Charles T. McHugh, M.D.	Baileyville, Maine
Elisabeth Fowlie Mock, M.D.	Eastern Maine Medical Center Bangor, Maine
Frederick Oldenburg, M.D.	Eastern Maine Medical Center Bangor, Maine
George Partal, M.D.	Eastern Maine Medical Center Bangor, Maine
Robert Pinsky, M.D.	Maine Coast Memorial Hospital Ellsworth, Maine
Gregory Pomeroy, M.D.	New England Foot & Ankle Specialists Portland, Maine
Clifford Rosen, M.D.	Maine Medical Center Portland, Maine
Adam Shafritz, M.D.	McClure Musculoskeletal Research Center Burlington, Vermont
Gordon Smith, Esq.	Maine Medical Association Manchester, Maine

John Springer-Miller

Stowe, Vermont

Peter Stern, M.D.

University of Cincinnati  
College of Medicine  
Cincinnati, Ohio

Thomas Thornhill, M.D.

Brigham & Women's Hospital  
Boston, Massachusetts

Mario Turi, M.D.

Charles A Dean Memorial Hospital  
Greenville, Maine

David Craig Urquia, M.D.

Augusta Orthopaedic Associates  
Augusta, Maine

**CONTEMPORARY TOPICS IN ORTHOPAEDICS**

**FRIDAY, MARCH 9, 2013**

**MODERATOR: CAMERON TRUBEY, M.D.**

6:00-6:45 am	Registration/Continental Breakfast-Sugarloaf Mountain Hotel	
6:45-7:00 am	Announcements by Garrett Martin, M.D.	
7:00-7:30 am	<u>Andrew Hodge, M.D.</u>	Clinical Insight I Gained From an Instrumented Hip Prosthesis
7:30-8:00 am	<u>Elizabeth Fowlie Mock, M.D.</u>	Evidence-Based Prescribing of Oral Anticoagulants: Use in Afib and Beyond
8:00-8:30 am	<u>Bruce Hamilton-Dick, M.D.</u>	Hip Arthroscopy Femoroacetabular Impingement-Femoral Concerns
8:30-9:00 am	<u>Bruce Hamilton-Dick, M.D.</u>	Hip Arthroscopy Femoroacetabular Impingement-Acetabular Concerns
9:00-9:30 am	<u>David Urquia, M.D.</u>	Patterns of Referred Pain in the Spine-When Shoulder and Hip Pain are Something Else
9:30-10:00 am	<u>Ian Dickey, M.D.</u>	Trabecular Metal in Orthopaedic Surgery—Cases, Research, & Future Direction
10:00-10:30 am	<u>Peter Stern, M.D.</u>	Man's Inhumanity to Man
10:30-11:00 am	<u>Tony Herring, M.D.</u>	The Amazing Adaptability of Children with Limb Deficiencies

**AFTERNOON SESSION 3:00-6:00 P.M.**

3:00-3:30 pm	<u>Gregory Pomeroy, M.D.</u>	Ankle Fusion—Indications & Techniques
3:30-4:00 pm	<u>Thomas Thornhill, M.D.</u>	Lessons Learned in 30 Year of TKR
4:00-4:30 pm	<u>Ivan Fernandez, Ph. D.</u>	The End of Climate Change
4:30-5:00pm	<u>Jacob Brooks, D.O.</u>	Osteoporosis Care in Orthopedics
5:00-5:30 pm	<u>Gordon Smith, Esq.</u>	Legislative and Regulatory Update for Orthopedic Surgeons.
5:30-6:00 pm	<u>MSOS Meeting</u>	



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6:45-7:00 am	Announcements by Garrett Martin, M.D.	
7:00-7:30 am	<u>Adam Shafritz, M.D.</u>	Reverse Total Shoulder Arthroplasty
7:30-8:00 am	<u>Andrew Hodge, M.D.</u>	8 Year Results of a TKA Designed to Accommodate the Presence or Absence of the Posterior Cruciate Ligament
8:00-8:30 am	<u>Tony Herring, M.D.</u>	My Experiences with Dr. Debakey
8:30-9:00 am	<u>George Partal, M.D.</u>	Proximal Humerus Fracture: Pitfalls and Challenges
9:00-9:30 am	<u>Peter Stern, M.D.</u>	Current Concepts on the Management of Small Joint Injuries and Arthrosis
9:30-10:00 am	<u>Frederick Oldenburg, M.D.</u>	Amputation After Limb Salvage
10:00-10:30 am	<u>Thomas Thornhill, M.D.</u>	Surgical Management of Unicompartmental Knee OA
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5:00-5:30 pm	<u>Peter Stern, M.D.</u>	Complications Following Hinged Total Elbow Arthroplasty
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9:30-10:00 am	<u>Jason Bourque, M.D.</u>	The Influence of Knee Design on Flexion after Total Knee Arthroplasty
10:00-10:30 am	<u>Robert Pinsky, M.D.</u>	Lyme Disease
10:30-11:00 am	<u>David Urquia, M.D.</u>	A Snapshot of New Office Patients in the Augusta Spine Surgery Practice---Psycho-Social Profile

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**-NOTES-**

*This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Maine Medical Association through the joint sponsorship of St. Joseph Hospital and Down East Orthopedic Associates. St. Joseph Hospital is accredited by the Maine Medical Association to provide continuing medical education for physicians. St. Joseph Hospital designates this live activity for a maximum of 18 AMA PRA Category 1 credit(s). Physicians should only claim credit commensurate with the extent of their participation in the activity.*

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**CONTEMPORARY TOPICS IN ORTHOPAEDICS  
23rd ANNUAL MEETING  
SUGARLOAF/USA**

**Dates for Next Year  
TO BE ANNOUNCED**

**Visit our web site: [www.orthoconference.org](http://www.orthoconference.org)**

**Program Director: Garrett R. Martin, M.D. (207) 947-8381 ext 212**

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